

THE PRESSURE IS RISING

There's a certain moment—an almost imperceptible shift—when you can feel the atmosphere change. It's like the air gets heavier, the sky grows quieter, and even your spirit pauses and whispers, “Pay attention.”

We're living in that moment.

And it's not that the world suddenly became chaotic overnight. The storms didn't roll in all at once. They crept up in stages—little winds at first, then gusts, then full-on atmospheric turbulence. Most people haven't noticed the rising pressure because they've been busy trying to keep up with life, raise kids, manage bills, and remember where they put their reading glasses. Which, by the way, are always either on your head or in the laundry room. How? Only heaven knows.

But somewhere deep inside, the remnant already feels the shift. It's the inner knowing that says, “Life as we've known it is changing, and God is calling us to strengthen what remains.”

This book isn't about predicting dates, stocking bunkers, or buying enough green beans to survive the apocalypse. If you're eating canned green beans straight from the tin during the end times, let's be honest: you're going to feel judged by your own taste buds.

No, this book is about readiness.

Whole-life readiness.

Strength from the inside out.

Because pressure—spiritual, cultural, emotional, physical—has a way of revealing what we’ve built our lives on. And if the foundation isn’t steady, the storm will expose it.

PRESSURE DOESN’T CREATE WEAKNESS—IT REVEALS IT

One thing I’ve learned, both in ministry and in life, is this: pressure doesn’t show up to destroy you. It shows up to expose what needs strengthening.

Think about a clay pot. It can look perfectly solid sitting on the shelf. But press on it with two fingers, and suddenly you discover thin spots—cracks and weak points that were there all along, just waiting for a little pressure to reveal them.

That’s what the last decade has been for millions of believers: a gentle press at first, then a firmer push. Then—WHAM!—a worldwide shaking we didn’t sign up for.

The truth? God didn’t cause the shaking. But He absolutely uses it to strengthen His people.

And you, precious remnant, are one of those people.

WE’RE PREPARING FOR FAITHFULNESS, NOT FEARFULNESS

Modern Christianity doesn’t talk much about endurance anymore. We’ve traded the language of perseverance for the language of convenience. Everything should be quick, painless, delivered in two days, and preferably gluten-free.

But Scripture is unapologetically honest:

“Here on earth you will have many trials and sorrows.”

— John 16:33 (NLT)

Jesus never hid the reality of pressure, and He also never left us unprepared for it. He offered a peace so deep, so unshakable, so

anchored, that it could steady us even when the waves crash and the sky goes black. But that peace is partnered with something else:

Readiness.

Watchfulness.

Strength.

A life aligned with truth.

The remnant doesn't prepare because we're afraid. We prepare because we're awake. We don't get ready because we're certain of what's coming. We get ready because we're certain of Who we belong to.

A SOFT WORLD, AND A GOD WHO STRENGTHENS HIS PEOPLE

We live in a time when society is becoming increasingly fragile. Feelings get hurt faster than eggshells break. People panic over Wi-Fi outages. Someone mispronounces a name, and suddenly it's an existential crisis.

Meanwhile, God is inviting His people to grow stronger, not softer—not harsh, not combative, and not emotionally armored and spiritually brittle, but strong in the biblical sense:

steady under pressure

calm in chaos

clear when others are confused

rooted when others drift

enduring when others collapse

Strength has become countercultural. And the remnant will need it, because the storm isn't an event—it's a season. And seasons require stamina.

THE WAKE-UP CALL YOU'VE ALREADY BEEN HEARING

If you picked up this book, chances are you're already sensing the nudge. You've felt the Holy Spirit whispering to you that now is the time to get your house—your heart, your habits, your health—into alignment.

Not perfect. Not polished. Certainly not Pinterest-ready. Just steady,

just prepared, and just rooted enough to stand upright when the wind blows sideways.

You're here because you're part of a people God is strengthening, shaping, and calling into readiness for the days ahead. Not survivalist readiness—spiritual, emotional, physical, and relational readiness.

A readiness that allows you to say:

“Come what may, I belong to the Lord—and I will be found faithful.”

THIS BOOK IS YOUR COMPANION, NOT YOUR DRILL SERGEANT

I won't be barking orders or telling you to jog twelve miles at dawn. If you ever catch me jogging at 5 a.m., please assume it's my doppelganger. Early morning jogs are not my cup of tea.

Instead, this book will walk with you side by side, spirit to spirit.

We'll explore:

- strengthening your body without shame
- preparing your home without fear
- training your mind without hardness
- deepening your spirit without burnout
- living steady without striving

*This isn't a
manual for the
apocalypse.
It's a discipleship
guide for a
turbulent age.*

THE STORM IS REAL—BUT SO IS THE STRENGTH GOD IS FORMING IN YOU

If you're feeling the pressure rising in the world...

If you sense you've grown a bit spiritually sluggish...

If your body feels more “weary saint” than “warrior of God”...

If your home feels more chaotic than peaceful...

If your emotions seem harder to control...

If the noise of the world keeps drowning out the still small voice...

You're not alone.

And you're not crazy.

And you're not behind.

You are being invited into a season of strengthening—a season of alignment, a season of readiness, a season where God equips His people not to avoid the storm, but to stand steady within it.

That is what this book is about.

And chapter by chapter, we're going to strengthen every part of your life, so that you become what God has been whispering to you:

Steadfast.

Not shaken.

Not scattered.

Not swept away.

A remnant believer ready for turbulent times—

in body,

in mind,

in home,

and in spirit.

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NOT AFRAID, BUT NOT ASLEEP

One of the greatest dangers facing believers today is not fear.

It's sleep.

Not the kind that comes from rest or trust, but the kind that settles in when familiarity dulls our senses and we assume tomorrow will look like yesterday. The kind that whispers, "This will all blow over," or "We've seen worse," or "If we just explain ourselves better, cooler heads will prevail."

That kind of sleep is comfortable.

And it is deadly.

Because what we are witnessing right now is not simply resistance to old ideas or temporary social unrest. It is not a pendulum swing that will eventually correct itself. And it is not something that can be reasoned away with better arguments or nostalgic appeals to "how things used to be."

What we are living through is something far more serious: an incompatibility of worldviews.

And incompatibility cannot be negotiated.

NOT RESISTANCE, BUT A HOSTILE TAKEOVER

For a long time, many of us assumed that cultural tension meant disagreement. We thought two sides were arguing within a shared framework—shared definitions of truth, law, responsibility, and restraint.

But that assumption no longer holds.

What we are seeing now is not resistance within the system. It is an attempted hostile takeover of the system itself.

A takeover doesn't argue the rules. It replaces them.

A takeover doesn't seek compromise. It seeks control.

A takeover doesn't want coexistence. It wants dominance.

This is why conversations can feel futile, why debates go nowhere, and why even shared language no longer guarantees shared meaning.

We are not arguing over conclusions anymore. We are arguing over definitions.

What is truth?

What is authority?

What is restraint?

What is justice?

What is human identity?

What is good?

When those foundations no longer align, the conflict cannot be solved by persuasion alone. That doesn't mean truth has failed. It means the battlefield has shifted. And the remnant must recognize the shift—without fear, but with open eyes.

TWO GENERATIONS. ONE NATION. TWO OPERATING SYSTEMS

For much of modern history, generations disagreed—but they still ran on the same moral operating system.

Older generations were broadly formed by:

- inherited moral frameworks
- external authority: family, church, law, nation
- restraint as a virtue

- delayed gratification
- the belief that character matters
- the assumption that civilization survives only if people govern themselves

We were shaped by leaders—imperfect men, to be sure—but leaders who inspired rather than inflamed. Leaders who appealed to conscience, sacrifice, responsibility, and the good of something larger than self. We remember that world. We were formed by it. And it's tempting to want it back.

But here's the uncomfortable truth: *that world is gone.*

Not because it was wrong or because it deserved to die, but because the soil that sustained it has changed.

A newer worldview has taken root—one that was not formed primarily through lived experience, moral inheritance, or communal responsibility, but through constant immersion in media, technology, narrative reinforcement, and emotional conditioning.

This worldview operates on very different assumptions:

- truth is internal and subjective
- authority is inherently suspect
- restraint is oppression
- disruption is virtue
- emotion is power
- identity is self-authored
- history is something to dismantle, not inherit

These two systems are not merely in tension. They are incompatible. And that's why this moment feels so volatile.

WHY REASON ALONE NO LONGER WORKS

Many believers—especially thoughtful, peace-loving ones—are baffled by this. We keep thinking:

“If we could just talk it through.”

“If we could just reason together.”

“If we could just explain ourselves clearly.”

But reason presupposes shared premises. And when those premises are gone, reason can feel like shouting into the wind. This is not a failure of logic. It is a failure of alignment. You cannot reason someone back into a framework they no longer recognize as legitimate.

That doesn't mean truth has lost its power. It means truth must now be embodied, not merely argued—which is exactly what Scripture warned us would happen.

WHEN THE BIBLE SOUNDS UNCOMFORTABLY CURRENT

Jesus warned that in the days ahead, brother would turn against brother. Paul warned Timothy that people would become lovers of self, ungrateful, unholy, without self-control, brutal, and haters of good. And Jesus said that as lawlessness increased, love would grow cold (Matthew 10:21; 2 Timothy 3:2–3; Matthew 24:12).

Notice something important:

Paul doesn't describe confusion. He describes hardening.

A loss of restraint.

A loss of affection.

A loss of conscience.

Cold hearts don't respond to appeals. They respond to power. That's why outrage now carries more weight than reason, why emotional force often overrides truth, and why those who refuse to participate in the frenzy are labeled dangerous.

This is not random. And it is not new to God.

NO WISHFUL THINKING. NO REWIND BUTTON.

Here is where wakefulness matters. The remnant cannot afford wishful thinking. We cannot keep saying:

“Let's just go back.”

“This will resolve itself.”

“If we explain better, they'll understand.”

“If we just stay quiet, it won’t reach us.”

No. We must play with the cards we’ve been dealt. That doesn’t mean surrender. It means realism. The culture has dealt a hand. The kingdom of darkness has stacked the table. The atmosphere has changed.

But here’s the good news: God is not limited by the deck on the table. He has aces up His sleeve, and He has already equipped His people for the hour.

The armor of God was not designed for peacetime.

The shield was not given for comfort.

The sword was not meant to stay sheathed.

The equipment hasn’t changed. But how we use it must.

New world.

New operating system.

Same Lord.

ADAPTING WITHOUT BECOMING WHAT WE OPPOSE

Wakefulness does not mean panic. And it does not mean becoming harsh, reactive, or combative.

The remnant does not mirror the spirit of the age. We adapt without assimilating.

We learn how to:

- stand firm without inflaming
- speak truth without shouting
- hold the line without hatred
- carry authority without arrogance

This is where spiritual maturity is tested. We cannot fight emotional power with emotional fragility. We cannot counter chaos with nostalgia. And we cannot defeat darkness by pretending it isn’t organized.

But neither do we surrender hope. Scripture never describes the last

The emotional power of this age cannot be met with nostalgic rhetoric.

Real world change requires seeing the world as it is—not as it used to be.

days as a time when God loses control. It describes a time when His people are refined.

Being awake doesn't mean living with one eye on the headlines and the other on the exit door. It doesn't mean feeding anxiety in the name of discernment. It means refusing denial. It means letting Scripture, not comfort, define reality. It means asking the Holy Spirit for clear eyes, a steady heart, and the courage to respond faithfully to the world as it is—not as we wish it still were.

AWAKE, ANCHORED, AND UNAFRAID

To be awake is not to be anxious.

It is to be anchored.

Anchored in truth.

Anchored in identity.

Anchored in the unchanging nature of God.

The remnant does not need to dominate culture to be faithful. But it does need to discern it.

It does not need to win arguments. But it must refuse deception.

It does not need to retreat in fear. But it must not drift into sleep.

The world has changed.

That doesn't mean the mission has.

It means the calling to be steadfast has never been more urgent.

In the next chapter, we'll talk about who the remnant actually is—and why, if you feel the tension of this moment so deeply, it may be because you were formed for it.

Not afraid.

Not asleep.

Awake, armored, and ready.

This complimentary PDF contains Chapters 1 and 2 of ***Steadfast in the Storm***.

I hope these pages encourage you to become steadfast in every area of life. If you'd like to continue reading, the complete book is available through my website and major online booksellers.

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